Culturally Sensitive Counselling Services for Indigenous Communities in Edmonton

At **NIHB Counselling**, we are dedicated to offering culturally safe and comprehensive mental health support for Indigenous individuals and families in **Edmonton** and across **Alberta**. Our **culturally sensitive psychological services** are designed to honor your unique experiences, healing processes, and cultural strengths while providing the highest standard of care. All of our services are covered under the **Non-Insured Health Benefits (NIHB)** program, making mental health support more accessible and affordable for Indigenous people.

Explore our range of services tailored to meet your needs:

-

Free Counselling for First Nations & Inuit Families

-
-

Online Counselling for Indigenous Mental Health in Alberta

-
-

NIHB Approved Counselling in Edmonton

-
-

Get NIHB Counselling in Alberta

-
-

Culturally Sensitive Psychological Services

-
-

Understanding Indigenous Psychological Services

-
-

Remote Counselling for Indigenous People

-
-

Fully Covered Counselling for First Nations via NIHB

-
-

Fully Covered NIHB Counselling for Indigenous Status Card Holders

-
-

NIHB Counselling in Edmonton

-
-

Online Indigenous Counselling

-
-

Indigenous Counselling Services Near Edmonton

-
-

Not Sure If Counselling is for You? Here’s What You Should Know

Breaking the Silence: Indigenous Mental Health Matters

You Deserve to Heal: Counselling That Respects Your Story

Why Culturally Safe Mental Health Support Matters for Indigenous Communities

Cultural Strength and Community Voice

Whether you're dealing with trauma, grief, loss, or mental health challenges, our team of experienced therapists is here to support you on your healing journey. Our services are designed with the unique needs of Indigenous communities in mind, ensuring culturally appropriate, compassionate care at every step.

Take control of your mental health today. **Contact us** for more information or to schedule a session. Visit our website or call us at **587-372-3143** to get started.